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WAR FOOD ADMINISTRATION
Office of Distribution
Western Union Building
Atlanta 3, Georgia

FIFTEEN WAYS TO AVOID WASTE
IN SCHOOL LUNCH ROOMS

(Suggested by State Department of Education in cooperation
with Office of Distribution).

1. Plan meals a week in advance. Keep in mind foods available and in season.
2. Select food carefully. See that foods of good quality are selected.
3. Use local dealers, wherever possible, for fruits and vegetables.
4. Avoid over-buying. Never over-buy because you are getting a bargain.
5. Check foods in storeroom and ice-boxes daily to see that all foods are used before deterioration or spoilage starts.
6. Use tested and standardized recipes in preparing all dishes, then no failures or waste occurs.
7. Use many vegetables and fruits unpeeled - potatoes, tomatoes, apples, etc.
8. Use every scrap of meat, bone, vegetables and bread for something.
9. Use any left-over dry bread in dressings, desserts, etc.
10. Use left-over prepared foods in the next meal if possible. If not do not let stand over twenty-four hours.
11. Standardize portions of foods served according to age of students. (Students in primary grades will not need as large servings as students in high school.) Give a second serving rather than too much in first serving.
12. Serve one piece of bread at a time and let student ask for second piece if desired.
13. Watch return of plates from students and see why food is left.
14. Collect and weigh the waste from plates of students for one week. Place poster in lunch room, showing amount wasted. Encourage students in seeing that the amount wasted grows smaller each day.
15. Sell employees, teachers and students on the idea that it is patriotic to conserve.

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